

1. Pension holder

(*) Mandatory field

1.1. Personal details

Full name*

Birth date*

 - -
year month day

Place of birth*

Social Security Identification Number*

Portuguese Taxpayer no.*

Civil ID no.*

Marital status*

Identity Card/Citizen Card/Passport/Residence Permit/ID Card from the country of residence

Address*

Postal Code*

Locality*

Country*

1.2. Only for Survivor's Pension holders

Has the holder remarried or is he/she living in a *de facto* relationship? Yes No If you ticked yes, please indicate:

Name of the spouse / *de facto* partner

Birth date of the spouse / *de facto* partner

 - -
year month day

Date of marriage / *de facto* relationship beginning

 - -
year month day

1.3. Statement

I declare that the information I have provided is complete and true.

Date

 - -
year month day

Signature

Signature of the pension holder (according to a valid identification document)



Do not forget to request validation of this document by the entities listed in table 4.

2. Legal representative (To be completed if section 1.3. is not signed by the pension holder)

Full name

Address

Postal Code

Locality

Country

Date

 - -
year month day

Signature

Signature of the pension holder's representative (according to a valid identification document)

3. In case of death of the pension holder (please also complete section 1.1.)

I declare that the pension holder has passed away.

Name of the declarant

Relationship with the pension holder

Address

Postal Code

Locality

Country

If possible, please state:

Date of death

 - -

year month day

Country where the death occurred

4. Authorised entity*

(* This table must be completed by the entity authorised to issue the certification.

The entities authorised to certify the proof of life are:

1. The Social Security Institute, counterpart Social Security entities, Embassies, Consulates.
2. Notaries, Courts, Civil Registry Offices.
3. Local Authorities.
4. Health establishments where the person concerned is hospitalised.

4.1. To be completed by the authorised entities indicated in sections 1, 2 and 3.

The pension holder is alive:

- appeared in person.
- was represented by the person identified in table 2.

Name of the certifying official

Locality

Date

 - -

year month day

Signature and stamp

4.2. To be completed by the authorised entities indicated in section 4.

The pension holder is alive but, for health reasons, is unable to:

- appear in person.
- complete and sign this form in person.

Full name

Address

Date

 - -

year month day

Signature and stamp

5. Information



Completion instructions

- ▶ If the pension holder is signing the form, tables 1 and 4 must be completed.
- ▶ If the legal representative is signing the form, tables 1, 2 and 4 must be completed.



Documents to submit

- ▶ If you have completed table 1 - **Pension holder**:
 - ▷ Copy/copies of valid ID document/s (Identity Card/Citizen Card/Passport/ID card from the Country of Residence). If your Portuguese ID card has expired, you must submit a valid foreign ID document (passport).
- ▶ If you have completed table 2 - **Legal representative**:
 - ▷ Copy of the judgment / Power of attorney certifying legal representation powers over the pension holder.
 - ▷ Copy of the pension holder's valid civil ID document (Identity card/Citizen Card/Passport/Residence permit/ID card from the country of residence).
 - ▷ Copy of the legal representative's valid civil ID document (Identity card/Citizen Card/Passport/Residence permit/ID card from the country of residence).
- ▶ If you have completed table 3 - **In case of death of the pension holder**:
 - ▷ Copy of the valid ID document.
 - ▷ Copy of the death certificate or other document attesting the death, if available.



Ways to submit the documents

- ▶ Through the Social Security Online Service (Segurança Social Direta) at www.seg-social.pt in the menu *Vou reformar-me ou sou reformado (I am retiring or retired) > Prova de Vida (Proof of Life) > O que posso fazer online? (What can I do online?) > Consultar e registar prova de vida (Consult and register proof of life)*.
- ▶ In person, at a Consular Office or at the Embassy of the country where you live, or to the person responsible for Social Security matters abroad (Attaché), if one is available in your country.



Form

This form is available on the Social Security Online Service (Segurança Social Direta) at www.seg-social.pt for online completion and printing.

Data protection



The collected personal data will be processed by the competent Social Security services and will be kept for the period necessary to fulfil their intended purpose.

The Social Security services are committed to protecting your personal data and to fulfilling their obligations within the scope of data protection.

For further information on data protection, please consult the Social Security Online Service (Segurança Social Direta) at www.seg-social.pt.